



Dual Inhibition of PTP1B and DPP-IV by Metabolites from *Artocarpus elasticus* Leaves Enhances Insulin Signaling and Sensitivity

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Abstract

Background Protein tyrosine phosphatase 1B (PTP1B) and dipeptidyl peptidase-IV (DPP-IV) play key roles in the regulation of insulin sensitivity and insulin resistance, which are central to the pathogenesis of diabetes. *Artocarpus elasticus* has been traditionally used for diabetes treatment; however, specific bioactive compounds responsible for antidiabetic effects remain unclear.

Objectives Study aimed to isolate and characterize compounds from *A. elasticus* leaves and to evaluate their inhibitory activities against PTP1B and DPP-IV, enzyme inhibition mechanisms, binding affinities, molecular docking and effects on insulin signaling in adipocyte cells.

Methods Different techniques were used for isolation and characterization of compounds. Their inhibitory activities against PTP1B and DPP-IV, mode of inhibition and binding affinities were performed carefully. Compounds **1** and **5** were tested in 3T3-L1 adipocytes for insulin receptor substrate (IRS) phosphorylation and downstream signalling markers. Molecular docking of **1**, **5**, and **6** against PTP1B was also performed.

Results All compounds inhibited PTP1B (IC_{50} = 0.25 to 3.00 μ M), whereas **1–4** showed significant DPP-IV inhibition (IC_{50} = 1.01–15.75 μ M). Compound **1** showed potent dual inhibitory activity. Kinetic studies revealed mixed-type inhibition for **1–4** and competitive inhibition of PTP1B by **5** and **6**. Binding affinity results correlated well with enzyme inhibitory potency. Cellular assays showed that **1** and **5** enhanced insulin signaling by modulating phosphorylated IRS, PI3K, and p-AKT expression. In docking analysis, **1**, **5**, and **6** showed strong binding affinity with PTP1B.

Conclusion *A. elasticus* compounds **1** and **5**, inhibit PTP1B and increase insulin signalling, making them promising antidiabetic therapeutic leads.

Keywords *Artocarpus elasticus* · Dipeptidyl peptidase-IV (DPP-IV) · Enzyme kinetics · Molecular docking · Protein tyrosine phosphatase 1B (PTP1B) · 3T3-L1 cells

Introduction

Diabetes mellitus (DM) represents a significant public health issue globally, marked by a significant increase in prevalence in recent years. The International Diabetes Federation indicated that almost 463 million people aged 20 to 79 were diagnosed with diabetes in 2019. This projection estimate that 578 million individuals would be affected in 2030 and 700 million in 2045 [1, 2]. The data reveal a significant increase in diabetes incidence, highlighting the urgent requirement for action to tackle this escalating global health concern. Type 2 diabetes mellitus (T2D) represents the predominant manifestation of diabetes, containing more than 90% of all cases [3]. T2D is distinguished

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